



# *Yakabout*

## BAGOC HEALTH GROUP, NEW DOCTOR IN THREE SPRINGS

**We are pleased to announce that we have been contracted to provide clinical services for the towns of Three Springs, Carnamah and Coorow.**

**We would like to introduce Dr Lotsu who has committed to a few years to practice in the region.**

Dr Olatoye Lotsu began practicing as a Family Physician in 2006 in Nigeria before moving to the United Kingdom in 2008. Since then he has obtained his Membership of the Royal College on

General Practitioners in the United Kingdom (2017) and Fellowship of the Royal Australian College of General Practitioners (2019). His other qualifications include a Master of Science and

Postgraduate Diploma in Sexual Health and HIV in 2010 obtained in the United Kingdom.

He has taken up several hospital and GP roles within the National Health Service (NHS) in the

United Kingdom between 2009 and 2019, before moving to Perth in October 2019. He has special interests in Urgent Care, Infectious diseases and Sexual Health.

Toye is a pleasant and dependable clinician with excellent inter-personal skills that promotes good clinical outcomes whilst building a trusting patient-doctor relationship. Outside of work, he is married with 2

daughters, enjoys reading and is a fan of Arsenal FC.

### Areas of Interest

Chronic disease management and Care Plan Preparation

Infectious disease

Men's health and Checks

Child health and Baby checks

Sexual health

Women's health and Antenatal care

Respiratory Diseases

Aged Care including residential care.

Skin Checks

Immunisation and Travel Advice

Minor Surgery

Mental Health

Medicals - Pre-Employment medicals, Driver's License Medical

We would start taking appointments from 12<sup>th</sup> of June and Dr Lotsu will start officially on the 15<sup>th</sup> of June.



We look forward to providing excellent medical services to the residents of Three Springs, Carnamah & Coorow.

Regards, Dr Ade

## *Shire of Three Springs*

The community is invited to come and meet Dr Lotsu, the new Doctor for Three Springs Medical Centre.

Where: Three Springs Medical Centre

When: Friday 12 June  
11am - 2pm



### A New Face at the Shire of Three Springs

Customers at the Shire Admin Centre will notice some changes to staff at the front counter, with new Trainee Erin starting work at the Shire.

Customer Service Officer Jo is still working at the front counter.

A reminder that the library is now open Monday to Fridays, but new licencing hours of Tuesday to Thursdays is in effect.





**Desert Blue Connect**

*Share the warmth*

## **“2020 Jacket and Blanket Drive”**

*Give your preloved jackets and blankets new life*



### **Donation Location**

*Please drop off your Jacket or Blanket donations to:*

**Shire of Three Springs Administration Centre**

*Your generosity is greatly appreciated.*

*If you or someone that you know requires a Jacket or Blanket,*

*Please contact Narelle King on 0437 768 183 or*

*[Narellek@desertblueconnect.org.au](mailto:Narellek@desertblueconnect.org.au)*

*All details will be kept confidential.*

## **REMINDER**

***Department of Transport (DoT) Services***

***Only Available 3 DAYS A WEEK***

***EFFECTIVE: 1ST APRIL 2020***

- Licensing Hours: **Tuesdays —Thursdays** 9:00am to 3:00pm
- Theory Test hours: **Tuesdays —Thursdays** 9:00am to 2:45pm
- Next Practical Driving Assessments (PDA) 11th June 2020
- PDA Assessor: Murray Moore Geraldton

## *Council Notes*

### **SHIRE OF THREE SPRINGS**

#### **Shire Administration Centre is**

**Opened to the public from Monday 18th May 2020**



The Shire of Three Springs wishes to welcome back the public.

**In compliance with the COVID Safety Plan.**

**We can accommodate 6 patrons in then Admin Office at one time**

- Limit of 2 people in the Library
- Limit of 3 people being served at CSO workstations
- Limit of 1 person in waiting area

#### **ALL PATRONS WILL BE REQUIRED TO :**

- To use hand sanitiser
- Fill in the daily record of attendance
- To maintain social distancing

With the lifting of some state restrictions, the Shire has reopened some facilities, including:

- Community Hall
- Pavilion
- Oval
- Hockey Field
- Playgrounds
- Eco Caravan Park

Please be aware that your organisation must complete a COVID Safety Plan before commencing activities.

The COVID Safety Plans can be sourced here:

<https://www.wa.gov.au/organisation/departments-and-cabinet/covid-19-coronavirus-business-and-industry-advice#covid-safety-plan>



# Shire of Three Springs COVID Safety Plan Certificate



Premises name

Shire of Three Springs Admin Centre

## COVID Safety Plan Certificate

**Welcome.**

**We can accommodate**

Number:

**6**

**patrons and agree to**

**maintain the WA Government's safety measures**



**4sqm per person**



**Staff training**



**Frequent cleaning  
and disinfection**



**Contact tracing**

**We're doing our part to help keep you safe.  
Please respect the rules and our staff.**

**We're all in this** *together.*

Prepared by:

**Sharon Bell**

Date

**15/05/2020**

**WA.gov.au**



## **Shire of Three Springs**

**Office Hours: Monday to Friday 8am- 4:00pm**

132 Railway Road, Three Springs WA 6519

PO Box 117, Three Springs WA 6519

Telephone: 08 9954 1001 Fax: 08 9954 1183

Email: [general@threesprings.wa.gov.au](mailto:general@threesprings.wa.gov.au)

[www.threesprings.wa.gov.au](http://www.threesprings.wa.gov.au)

### **Services offered:**

***Library: DVD's, Audio Books, Videos, Large Print Books***

Department of Transport Licensing  
(Tuesdays - Thursdays)

Community Hall & Sports Pavilion, Sports Amenities

Community Bus Hire,

Cat traps

Public Computer Internet Access

Dog and Cat Licensing

Boat Licensing

Photocopying Service

Ranger and Emergency Services

Visitor's Centre July to October

Shredded paper available @Shire of Three Springs

**Also based at the Shire Offices on a part time basis:**

Environmental Health Officer

**The Three Springs Aquatic Centre is Closed**

# TO THE HOUSEHOLDER

The Shire of Three Springs is changing contractors for the household and business rubbish collection.

**The new collection day, starting 18 May is Monday mornings. Please put your bins out on Sunday evenings.**

For businesses that use a skip bin, the collection is Friday mornings.

Keith Woodward  
CEO  
Shire of Three Springs





# Community Group Information

## Churches

Anglican / Uniting	See Church notices	Trinity Church Carter Street	Morris Van Buerle – 9954 5043 Peter Whale - 0427 541 080
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Catholic	4pm	St Paul's Catholic Church Touche Street	Fr Brian Ahearn 9927 1451 0427 271 452
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## Community Groups

Community Action Group	3rd Tuesday of the month	4pm	Council Chambers	9954 1001
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Craft Group	Wednesdays	9am–3pm \$1.00	Old Nurses Quarters
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Friends of the North-Midlands Health Service				Brenda Bowman 0427 511 339
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Historical Society				Judy and Roy Mutter 0427 547 733
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Mingenew Painting Club	1st Wednesday of the month (Mar–August)			Terri Traylen-Witt 9954 1213
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North Midlands Agricultural Society			Carnamah	Angela Dring 044 927 800
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Returned Serviceman League				Ray Morgan 9954 1014
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RSL Women's Auxiliary				Lorraine Morgan 9954 1014
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Tourists Information	10am - 2pm	Visitors Centre		Cathy Reed 9954 7012
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9954 1590

Three Springs Lions Club				Jon Addison 0428 541255
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## Emergency Services

St Johns Ambulance				Merle Isbister 0428 511 030
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Volunteer Fire Brigade	Training twice a month out of fire season			Rod Ennor 0428 246 531
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## Youth

Coderdojo	Carnamah			Richelle Essers 0428 921 464
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Playgroup				Lauren Cruickshank 0429 620 201
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Three Springs Parents & Citizens				President: Nadine Eva 0427 541 014 Catering Stacey Pajich 0476 659 612
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# Community Group Information

## Sporting Groups

Basketball			Coorow-Carnamah	Bruce Chisholm 0428 591 318
Bowls	Saturday - Pennants Sundays - Club events		Three Springs Sporting Club	Bill McGree 0459 057 580
Cricket	TBC			
Badminton		6pm–8pm	Three Springs Community Hall	Phil Berry 0432 758 770
Golf	Friday - Scroungers Saturday - Pennants Sunday - Club Day		Three Springs Golf Club	David Mutter 0427 547 035
Football	Training Tuesdays and Fridays	5.30pm - 7.00pm	Three Springs Sporting Complex Pavilion	Jimmy Heal 0429 165 235
Netball			Three Springs Sporting Complex Pavilion	
Hockey			Three Springs Sporting Complex Pavilion	
Indoor Bowls		9am - 12pm	Three Springs Community Hall	Adele Metsemakers 0458 090 839
Rifle Club	Sundays			Chris Connaughton 0427 547 007
Sporting Clay	Summer - Saturdays			Gary Turley 0428 888 075
Target Shooting	Winter - Sundays			
Squash				Bill McGree 0459 057 580
Tennis	Monday's	6pm Social member: \$5 12 mths Casual \$10	Three Springs Sports Club	Camille Stokes 0401 526 886
Yoga		2 - 3.30pm	Red Room Three Springs Community Hall	Lorraine Morgan 99541014

## **SHREDDED PAPER**

Available at : **The Shire of Three Springs**

Great for worm farms, Compost heap, chooks and Garden Mulch



# *Positions Vacant*

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## SHIRE OF THREE SPRINGS

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### **SHIRE OF THREE SPRINGS**

#### **PLANT OPERATOR/GENERAL HAND**

We are seeking an enthusiastic person to join our works team at the shire.

Applicants should possess developed skills in the operation of plant & machinery used in the maintenance and construction of roads. Previous experience in a similar position will be well regarded, however training will be provided for the successful applicant.

Salary will be in accordance with the Municipal Employees Award dependant on experience and qualifications.

Enquiries can be directed to Manager of Works and Service, Marc Bennett, on 0427 541 202. A Position Description and Selection Criteria are available on the Shire Website [www.threesprings.wa.gov.au](http://www.threesprings.wa.gov.au) or email enquiries can be made to [mws@threesprings.wa.gov.au](mailto:mws@threesprings.wa.gov.au)

Applications including the names of two referees must be received by the undersigned by 4.00pm Friday 26<sup>th</sup> June 2020 and should be addressed to:

'PRIVATE AND CONFIDENTIAL'

The Chief Executive Officer  
Shire of Three Springs  
PO Box 117  
THREE SPRINGS WA 6519

Alternatively email to [mws@threesprings.wa.gov.au](mailto:mws@threesprings.wa.gov.au)

Keith Woodward  
Chief Executive Officer

## *Positions Vacant*

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# SHIRE OF THREE SPRINGS

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## **SHIRE OF THREE SPRINGS**

### **Gardener/General Hand**

We are seeking an enthusiastic person to join our works team at the shire.

Applicants should possess developed skills in maintaining parks, gardens and general town maintenance and care. Previous experience in a similar position will be well regarded, however training will be provided for the successful applicant.

Salary will be in accordance with the Municipal Employees Award dependant on experience and qualifications.

Enquiries can be directed to Manager of Works and Service, Marc Bennett, on 0427 541 202. A Position Description and Selection Criteria are available on the Shire Website [www.threesprings.wa.gov.au](http://www.threesprings.wa.gov.au) or email enquiries can be made to [mws@threesprings.wa.gov.au](mailto:mws@threesprings.wa.gov.au)

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Keith Woodward  
Chief Executive Officer

# Community Calendar May / June 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 June Yakabout	9 June Football training	10 June	11 June Football training Hockey training	12 June	13 June	14 June
15 June	16 June Football training	17 June	18 June Football training Hockey training	19 June	20 June	21 June
22 June Yakabout	23 June Football training	24 June	25 June Football training Hockey training	26 June	27 June	28 June
29 June	30 June	1st July	2 July	3 July	4 July	5 July

## *Carnamah District High School P&C General Meeting*

The Carnamah District High School P&C General Meeting will be held on Monday 15th June 2020.

Start time: 6.30pm in the school Library.

All parents and concerned citizens are welcome, to join the CDHS P & C and attend meetings.

Annual Membership subscriptions are now available and due for payment. - \$1.00 per person

Please contact the Secretary for further details if you would like to become a member.

Agenda items and apologies to be submitted by 12th June 2020.

Address - PO BOX 79, Carnamah WA 6517

Many Thanks

Helen Kimmorley

Secretary





## Consumer Watch

**Consumer Protection** 50-52 Durlacher Street, Geraldton 6530

Tel: (08) 9920 9800 Fax: (08) 9964 5678

Email: [Danni.Bloomfield@dmirs.wa.gov.au](mailto:Danni.Bloomfield@dmirs.wa.gov.au)

### Fake tractors sow financial grief

Everyone loves a bargain, but don't be fooled by deals on new tractors that look too good to be true.

Fake websites currently offering farm machinery at greatly discounted prices are swindling farmers right across Western Australia, with losses tripling in just one month to a whopping \$143,000.

So far we know of nine victims who have been scammed this way, after they ordered and paid for farm machinery from various bogus websites. Fake courier companies are also being used to fool consumers into thinking their purchases are on their way.

Unfortunately it's becoming increasingly difficult to distinguish a real website from a fake one, as scammers often steal the identity and ABNs of legitimate online retailers. They might also provide the same contact details, machinery photos and physical address of the legitimate business, so it looks like you're dealing with a proper business.

These fraudsters even know to follow the agricultural seasons to market machinery that may be needed at different times of the year.

As fast as these websites get shut-down, others are springing up in their place – so it's up to everyone to do their research before parting with their hard-earned money.

Everyone who shops online should only deal with well-known and reputable traders and get recommendations from colleagues, family and friends. An on-line search for warnings or reviews might also help indicate if the website is a scam. Watch-out for payments requested via direct bank transfer, as it's much harder to get your money back. Scammers often don't allow you to use safer payment measures such as credit cards, where a chargeback can be completed for goods that fail to arrive.

For more details about this scam, including the known sites to watch-out for, visit the WA ScamNet website: [www.scamnet.wa.gov.au](http://www.scamnet.wa.gov.au) Enquiries can be made by calling 1300 30 40 54.



## Consumer Watch

Consumer Protection 50-52 Durlacher Street, Geraldton 6530

Tel: (08) 9920 9800 Fax: (08) 9964 5678

Email: [Danni.Bloomfield@dmirs.wa.gov.au](mailto:Danni.Bloomfield@dmirs.wa.gov.au)

### Cancelling contracts during COVID-19

Let's say you'd found the car or caravan of your dreams, even signed on the dotted line, but then the COVID-19 pandemic hit and you could no longer go through with the deal – you may be wondering what costs you're liable to pay.

Consumer Protection has recently received a number of enquiries from consumers in the same position, who want to break the contract of sale due to job losses or travel restrictions, but are concerned about dealers slugging them with a huge fee.

According to the *Motor Vehicle Dealers (Sales) Regulations 1974 (WA)*, a dealer may seek **up to** 15 per cent of the purchase price as pre-estimated liquidated damages if the contract is validly terminated as a result of a breach by the purchaser.

Even though 15 per cent is the maximum amount that can be charged, dealers should not be applying it as the default position. Any fee charged has to be a genuine and reasonable assessment of losses the dealer is likely to incur as a result of the deal not proceeding. These losses may for example include interest charges if the vehicle was part of the dealer's floor plan, costs incurred as a result of preparing the vehicle for delivery, plus any transportation and administration costs.

It's also worth noting that a consumer is entitled to receive their full deposit back and not be charged any pre-estimated damages if:

- the contract is broken because the dealer has breached their obligations;
- the consumer withdrew their offer before the dealer accepted it; or
- the consumer can't meet their contractual obligations despite taking all reasonable steps to do so, because the consumer is unable to obtain finance in circumstances where the contract to purchase the vehicle was subject to finance.

Consumer Protection is encouraging dealers and their customers to negotiate in good faith in situations where the contract to purchase cannot be met due to COVID-19.

If a consumer feels the amount of pre-estimated liquidated damages sought by a dealer is excessive, they can lodge a complaint with Consumer Protection for investigation:

<https://www.commerce.wa.gov.au/consumer-protection/how-lodge-formal-complaint>



***Do you have suggestions about how MEEDAC can support your community?***

MEEDAC Community Development Program aims to help generate positive community outcomes.

We are seeking your input regarding activities and projects that MEEDAC could potentially be involved with in your community.

We welcome your suggestions, comments and feedback, which can be sent via email, post or phone;

Email: [activities@meedac.com](mailto:activities@meedac.com)

Post: PO Box 2996, Geraldton, WA 6530

Phone: 0476 809 055

## Social Distancing Rules Still Apply

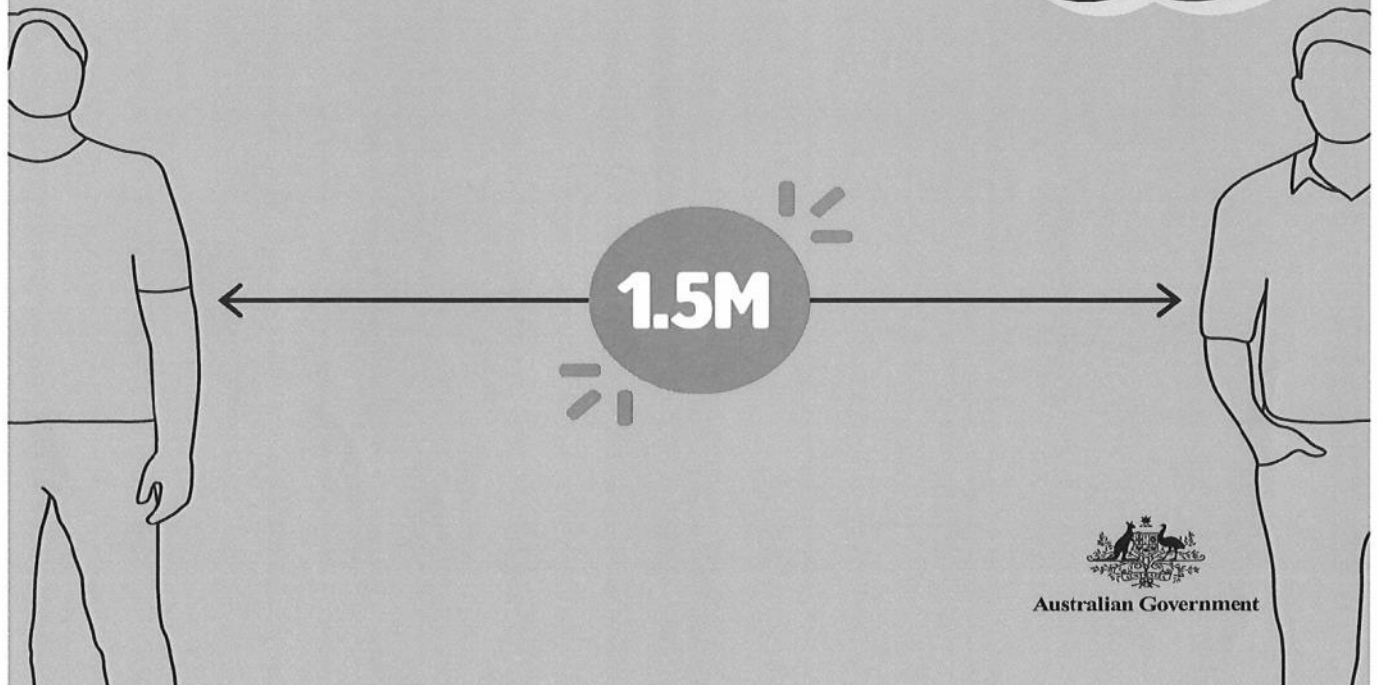
Coronavirus  
(COVID-19)

# KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.

### TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit **health.gov.au**



  
Australian Government

### Do I still need to social distance when I go out?

Yes, you should always practice social distancing when you go out. It is recommended that you keep 1.5m away from others where possible and maintain good personal hygiene.



## Media Release



### Have your say on Mobile Black Spot Program

31 May 2020

Durack residents and organisations are encouraged to have their say on the design of the next round of the Government's highly successful Mobile Black Spot Program (MBSP) to ensure it continues to improve coverage for regional communities.

Federal member for Durack, the Honourable Melissa Price is encouraging you to have your say.

"I understand the importance of connectivity for Durack regional communities, so we're getting on with the job of building more phone towers to deliver more coverage. The Morrison Government is committed to delivering improved coverage and choice for Australians in regional and remote areas," Melissa Price said.

The Morrison Government has released a discussion paper on design options for Round 5A, to test a range of new approaches to the delivery of the Mobile Black Spot Program to ensure it continues to be fit-for-purpose.

The release of the discussion paper is a great opportunity for regional Australians to have their say on how the program can best deliver the mobile coverage they need into the future.

There is \$46 million on the table for Round 5A and a further \$80 million committed for Round 6, of the MBSP.

"In order to deliver this, it is vital we receive feedback on proposed changes from a broad regional audience," Ms Price said.

The discussion paper proposes a series of changes to the eligibility guidelines for the program so that it continues to deliver high-value outcomes to regional and remote Australia.

The paper proposes three main objectives for round 5A; to:

- Improve coverage in areas prone to natural disasters including bushfires;

- Improve coverage along major regional and remote transport corridors; and to Trial new technology solutions in areas where low population densities have discouraged applications in previous rounds.

To have your say, visit: <https://bit.ly/2yUkJk4>

<https://www.communications.gov.au/have-your-say/consultation-design-options-round-5a-mobile-black-spot-program>

Media contact

Rose Crane; 0427 587385; [Rosemea.Crane@aph.gov.au](mailto:Rosemea.Crane@aph.gov.au)



## Police News

Well done again Three Springs with no criminal offences recorded during the previous fortnights reporting period.

Covid-19 has had such a dramatic impact on our lives in the previous months and it is great to be part of such a community minded town. I am well aware of the sacrifices and adjustments to all areas of life that each and everyone of you have made during this unprecedented time.

At no stage did Three Springs Police or any of our policing Hub Partners have to issue infringements for breaches of the new Covid-19 related legislation.

With restrictions easing it is important we persist with the same community minded spirit and ensure we continue to comply with guidelines and restrictions as they allow us to return to a more normalised life style.

Last Thursday night I attended the winter sports committee including the Three Springs Netball, Hockey and Football representatives to discuss our options in relation to a possible restart of the 2020 seasons.

Firstly, it was great to get all three teams together and to come up with a unified option to take to the North Midlands Association. Three very different sports but with one common goal to give the Three Springs community an opportunity to participate, support, coach or cheer on their beloved Bombers.

If the other towns and teams are in agreeance with our proposal there will be an opportunity to return to our winter sports program in the coming weeks. There will be opportunities to get off the couch, out of the house and make a positive contribution to your own mental and physical health but also of those around you.

I would urge all of you to get involved in some capacity with either Netball, Hockey or Football as each will be providing positive, family friendly environments.

You may have noticed that Three Springs Police were out and about checking for speeders in recent weeks in particular on our two main thoroughfares being Midlands Road and Glyde Streets.

These two arterial routes provide the main entry and exit points into and out of our town and would be subject to the most speeding complaints. If you have any particular speeding or traffic related complaints please feel free to contact me or any of the other Three Springs Police and let us know of your concerns.

Finally, I was fortunate enough last week to see the end result of some great community partnerships between Meedac, Three Springs Primary School and Three Springs Police.

Darryl Dalgetty, Shirley McLeod, Milton Milloy and our very own S/C Rich Denny had come together to provide a number of push bikes and helmets for young Three Springs children who's families may have not been able to afford them. The smiles on the kids faces was priceless. Well done to all of you and this is another example of the Three Springs community spirit.

Stay safe and Go the Bombers

Vance Davison

Officer in Charge of the Three Springs Police



# World Record Light

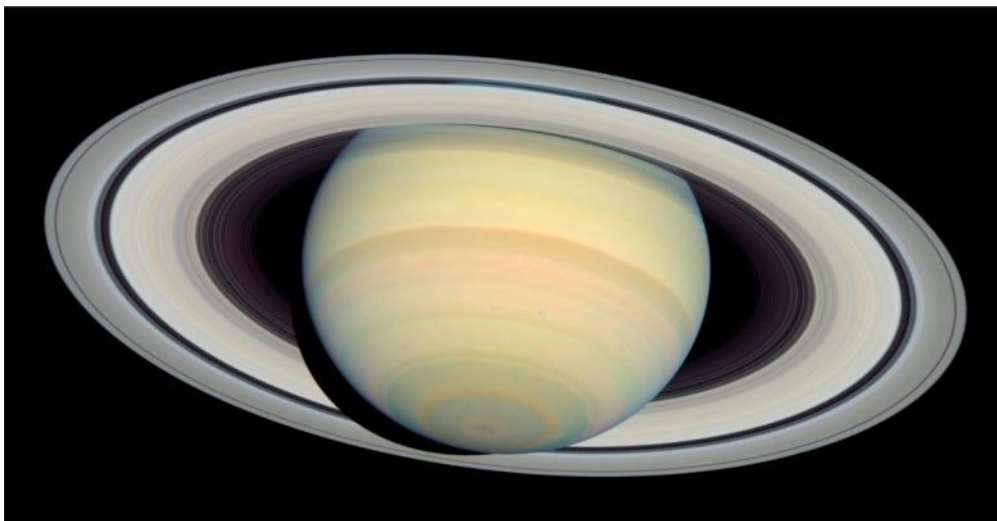
Fancy being a world record holder AND, at the same time, becoming a “Citizen Scientist” to map light pollution?

The Australasian Dark Sky Alliance is our home-grown organisation helping to reduce light pollution. Reducing light pollution not only helps us see stars better but it’s beneficial for wildlife and our own human health.

On 21<sup>st</sup> June 2020, help break the world record for the number of people measuring light levels across the globe. You don’t need any special tools and it’s as easy as 1, 2, stars!

1. Visit [www.australasiandarkskyalliance.org](http://www.australasiandarkskyalliance.org)
2. Click on #WorldRecordLight
3. Register your participation

## How Big are Saturn’s Rings?



Saturn is the most spectacular planet in the Solar System due to its amazing ring system that is clearly visible through a telescope. What is astonishing about Saturn’s rings is that from the inner ring to the outer ring, it is a distance of about 400,000 kilometres and yet they are only about 100 meters thick. To put that into perspective, that’s like a sheet of tissue paper covering a football field.

When is Saturn visible? Visit [www.astrotourismwa.com.au/stargazing/](http://www.astrotourismwa.com.au/stargazing/) to find out. Or follow the Shire Facebook page where latest news is shared.

## Three Springs Primary School

### FEDERATION GARDEN CLEAN UP

The Year 4/5/6 class have been busy on Friday afternoons with Mrs Bone & Mrs Joy Ridley, cleaning up the Federation Garden. The students have done a wonderful job.



## Advertisements

### DA Home Maintenance & Gardening



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**Midwest Sexual Assault Crisis Line**

**1800 016 789**

**Desert Blue  
Connect**

**Crisis support and advocacy  
available 24/7**

**DONGARA**



**GET THE POWER OF AUSTRALIA'S BIGGEST INDEPENDENT**

DONGARA TYREPOWER. 44 MORETON TERRACE. PH 99271177. Email [dongara@tyrepower.com.au](mailto:dongara@tyrepower.com.au)

TYRES



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## Advertisements



# WIN WIN WIN

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We are giving away a gift to one super awesome  
customer each month!**

Valued at  
\$150



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your plumbing & gas needs,  
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draw to **WIN**

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Controller 9001Bt!**

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We Mend Em'

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**A/H GAVIN 0407 282 310**

**GRANT 0427 987 427**

**380 King St Eneabba WA 6518**

## ***Veterinary Services In Three Springs 2020***

***Dongara Veterinary Hospital visits on the 2<sup>nd</sup> Tuesday of every month.***

***(or dates as advertised)***

***External Clinics suspended until further notice***

***12th May, 9th June, 14th July, 11th August, 8th September, 13th October,***

***10th November & 8th December 2020***

***Venue: Community Hall – End Closest To Shire Offices***

***(Large animal visits can be arranged)***

***For Appointments Telephone: 99271329***

***(24 hour emergency service available A/H 0428 966 163)***



**Dongara Veterinary Hospital**



## Three Springs Bomber Player Profile



Name: Ashley John Bone

Nick Name: Slash

Age: 31

Place of Birth: Mullewa

Where did you go to school: Three Springs

What do you do for a job: Farmer

Marital Status: Married with two kids

What AFL Team do you support: West Coast Eagles

What is your favourite TV Series: Breaking Bad

What is your favourite food: Pub Food

What is your favourite band or singer: Foo Fighters

What do you enjoy doing in your spare time: Anything with the family

What don't you leave home without: Spectacles, wallet and watch

What do you like most about the Three Springs Football Club: The people

If you could have dinner with any three persons on the planet who would they be:

1. Vance
2. Whitty
3. Hesh

If you were stranded on a deserted Island and you could take three things with you, what would they be:

1. Beer
2. Fishing rod
3. Mates

What is one thing that people don't know about you:

I have kicked more goals than Brad Taylor.



## ***SPORTS - TS BOMBERS***

We have returned to training albeit under strict Covid-19 social distancing conditions. I will be honest and say that it has been a bit tough in the first few training sessions, trying to regain some fitness after a few months of restricted activity. We have adjusted our training accordingly so if you haven't been back down as yet don't be concerned as we will adjust training to all levels.

We will be coming into our third week of training and are looking forward to some physical contact, permitting tackling and marking contests in preparation for a season restart in the coming weeks.

We are still unsure if the season will re-commence and if so in what format. I can confirm that the committee met with the Three Springs Hockey and Netball representatives last Thursday night and we have developed what we believe is a realistic and fair suggestion to the North Midlands League.

Our proposal involved a return to competition on Saturday the 18<sup>th</sup> of July. Each side would play each other once before moving into the finals, with the Grand Final being played on the 5<sup>th</sup> of September at Three Springs. In reality this option is the original accepted fixture minus the first two rounds.

A return to Football, Hockey and Netball will be worth a celebration so if we can get the other teams to agree to our proposal and the season goes ahead we will provide a function of some description after our first home game. Again, as always it will be a fun, family friendly event and all will be welcome.

Finally, our feature TS Bombers player this fortnight is the ever dependable, captain courageous Ash Bone "Slash." Be sure to check out his answer to "What is one thing that people don't know about you." There may be a protest from BT.

Go the Bombers

Vance Davison (Coach)



## ***Community Notices***

FRIENDS OF THE NORTH MIDLANDS HEALTH SERVICE INC.

The  
ANNUAL GENERAL MEETING

of the

FRIENDS OF THE NORTH MIDLANDS HEALTH SERVICE INC.  
will be held in the

Lady Brand Lodge Hall

FRIDAY 19th June 2020 at 2.00pm.

## ***Church Services***



NORTH MIDLANDS UNITING  
ANGLICAN PARISH  
FIRST SERVICE FOR 2020!!!!



Please join us at  
COOROW ALL SAINTS CHURCH  
9.00am 14<sup>th</sup> June 2020

For a lay service of joy and celebration.

*Everyone Welcome*

*Please call Inez 0428521151 or Nev 0427131457 for more information.*



## Media Statement

North Metropolitan Health Service, Nedlands, WA 6009  
Telephone (08) 6457 7300  
[nmhs.corporatecommunications@health.wa.gov.au](mailto:nmhs.corporatecommunications@health.wa.gov.au)

3 June 2020

### Free mammograms for **THREE SPRINGS** women

We are pleased to advise BreastScreen WA's **FREE** screening mammogram service is coming to **Three Springs** from **09/07/2020 – 15/07/2020**, and the mobile clinic will be located at **North Midlands District Hospital, Thomas Street**. Women 50 to 74 years are invited to have a FREE screening mammogram. (All women 40 years and over are eligible).

Breast cancer is the most common life threatening cancer for women and 1 in 7 women in Australia will develop breast cancer in their lifetime.

Having a screening mammogram (breast x-ray) every two years significantly increases the chance of a woman surviving breast cancer and reduces the amount of treatment required. More than 75% of breast cancers occur in women over the age of 50. Research shows that screening is most effective for this age group.

BreastScreen WA's Medical Director Dr Elizabeth Wylie, said screening mammography was the most effective method for early detection of breast cancer.

"Screening every two years is vitally important to increase the chance of a breast cancer being detected when it is too small to feel or be noticed. Finding a cancer at this early stage often means that the breast cancer is small and more treatable".

"A free screening mammogram is one of the best things that women can do to look after their health. Breast screening saves lives and only takes 20 minutes," said Dr Wylie.

Screening mammograms may detect 70-90% of breast cancers.

Any woman with a persistent change in a breast should see her doctor immediately.

BreastScreen WA is delighted to resume services and we thank all our clients for their patience and understanding during this time. For more information please visit BreastScreen WA's website [www.breastscreen.health.wa.gov.au](http://www.breastscreen.health.wa.gov.au)

**To make your free screening mammogram appointment – book online [www.breastscreen.health.wa.gov.au](http://www.breastscreen.health.wa.gov.au) or call 13 20 50.**

**Early detection is your best protection.**

#### ENDS

**Media contact: Brian Cowie | Media Coordinator **North Metropolitan Health Service****  
T: (08) 6457 7300 | E: [nmhs.corporatecommunications@health.wa.gov.au](mailto:nmhs.corporatecommunications@health.wa.gov.au) .

Dr Wylie is available for interview.

**[www.breastscreen.health.wa.gov.au](http://www.breastscreen.health.wa.gov.au)**





Government of Western Australia  
North Metropolitan Health Service



Women 50 years or over,  
have a **FREE** breast screening  
mammogram every two years.  
Once is not enough.



BreastScreen WA's mobile service is at:

## Three Springs

North Midlands District Hospital, Thomas Street

**9 - 15 July 2020**

(Dates may be subject to change)

Women 40 years and over are eligible to have a **FREE** breast screening mammogram.

For an appointment  
book **online** or phone **13 20 50**



A joint Australian, State and Territory Government Program



**[www.breastscreen.health.wa.gov.au](http://www.breastscreen.health.wa.gov.au)**